IDEAS FOR INSPIRATION

I think that going to the supermarket or any other store can fill up your bucket with ideas.

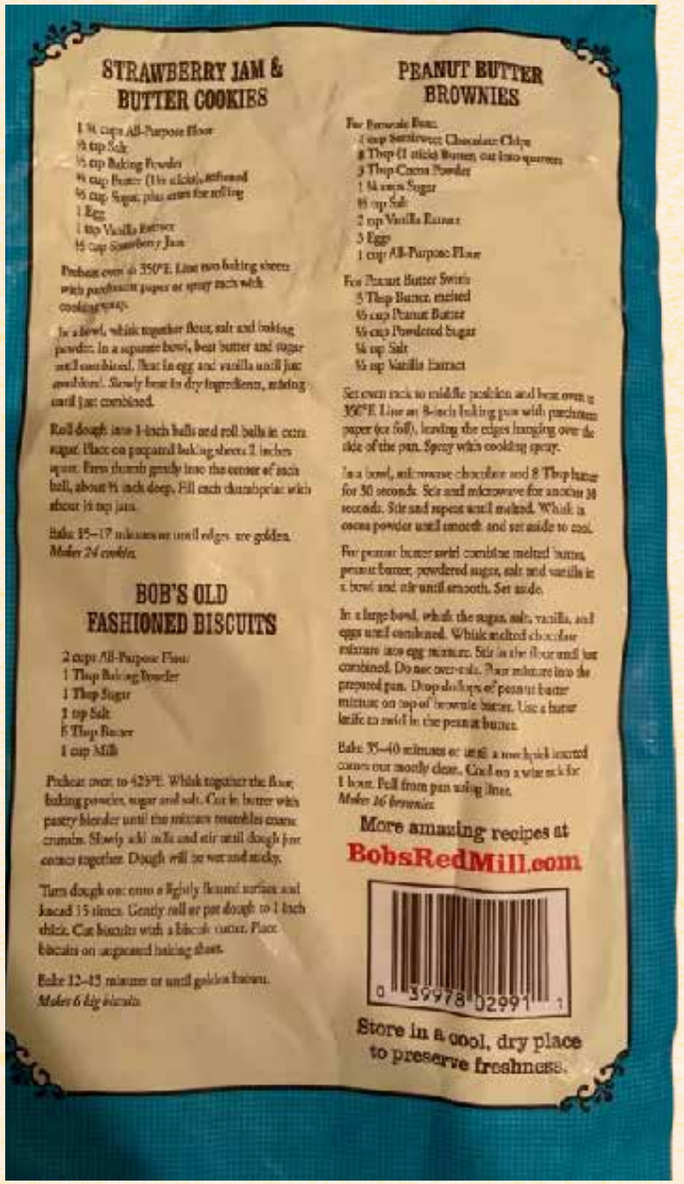
If I have time, I walk around and look at the different packages. Some of them look so well designed and they grab your attention from far, and yet you can still find some that you wonder how they got to the shelfs.

Anyway, I think is good educational experience to explore the stores.

INSPIRATION
FROM
Packages

BIRCH BENDERS
MICRO-PANCAKERY
JUST-ADD-WATER
PANCAKE
& WAFFLE MIX
ORGANIC
Just add WATER
SIMPLE, SCRUMPTIOUS, TIMELESS
CLASSIC
RECIPE
NUTRITIOUS
DELICIOUS
NET WT
16OZ·1LB·454G
NON GMO Project
VERIFIED
USDA
ORGANIC

TURKISH DELIGHT
Hazelnuts & Pistachios
tatsan
PREMIUM
TURKISH
DELIGHT
Hazelnuts & Pistachios
Fındıklı & Fıstıklı Lokum
Net Wt 454g – 16 oz



STRAWBERRY JAM & BUTTER COOKIES

1 ¾ cups All-Purpose Flour
¼ tsp Salt
½ tsp Baking Powder
½ cup Butter (1 stick), softened
½ cup Sugar, plus extra for rolling
1 Egg
1 tsp Vanilla Extract
½ cup Strawberry Jam

Preheat oven to 350°F. Line two baking sheets with parchment paper or spray each with cooking spray.

In a bowl, whisk together flour, salt and baking powder. In a separate bowl, beat butter and sugar until combined. Beat in egg and vanilla until just combined. *Slowly* beat in dry ingredients, mixing until just combined.

Roll dough into 1-inch balls and roll balls in extra sugar. Place on prepared baking sheets 2 inches apart. Press thumb gently into the center of each ball, about ¼ inch deep. Fill each thumbprint with about ½ tsp jam.

Bake 15–17 minutes or until edges are golden.
Makes 24 cookies.

BOB'S OLD FASHIONED BISCUITS

2 cups All-Purpose Flour
1 Tbsp Baking Powder
1 Tbsp Sugar
1 tsp Salt
5 Tbsp Butter
1 cup Milk

Preheat oven to 425°F. Whisk together the flour, baking powder, sugar and salt. Cut in butter with pastry blender until the mixture resembles coarse crumbs. Slowly add milk and stir until dough just comes together. Dough will be wet and sticky.

Turn dough out onto a lightly floured surface and knead 15 times. Gently roll or pat dough to 1 inch thick. Cut biscuits with a biscuit cutter. Place biscuits on ungreased baking sheet.

Bake 12–15 minutes or until golden brown.
Makes 6 big biscuits.

PEANUT BUTTER BROWNIES

For Brownie Base:
1 cup Semisweet Chocolate Chips
8 Tbsp (1 stick) Butter, cut into quarters
3 Tbsp Cocoa Powder
1 ¼ cups Sugar
½ tsp Salt
2 tsp Vanilla Extract
3 Eggs
1 cup All-Purpose Flour

For Peanut Butter Swirls:
5 Tbsp Butter, melted
½ cup Peanut Butter
½ cup Powdered Sugar
¼ tsp Salt
½ tsp Vanilla Extract

Set oven rack to middle position and heat oven to 350°F. Line an 8-inch baking pan with parchment paper (or foil), leaving the edges hanging over the side of the pan. Spray with cooking spray.

In a bowl, microwave chocolate and 8 Tbsp butter for 30 seconds. Stir and microwave for another 30 seconds. Stir and repeat until melted. Whisk in cocoa powder until smooth and set aside to cool.

For peanut butter swirl combine melted butter, peanut butter, powdered sugar, salt and vanilla in a bowl and stir until smooth. Set aside.

In a large bowl, whisk the sugar, salt, vanilla, and eggs until combined. Whisk melted chocolate mixture into egg mixture. Stir in the flour until just combined. Do not over-mix. Pour mixture into the prepared pan. Drop dollops of peanut butter mixture on top of brownie batter. Use a butter knife to swirl in the peanut butter.

Bake 35–40 minutes or until a toothpick inserted comes out mostly clean. Cool on a wire rack for 1 hour. Pull from pan using liner.
Makes 16 brownies.

More amazing recipes at
BobsRedMill.com

0 39978 02991 1

Store in a cool, dry place to preserve freshness.

VIRGINIA

6
40 PIECE BOTTLES
(240 PIECES)
Trident
VIBES
ENLARGED TO
SHOW DETAIL
BEST BEFORE
10FEB2023
CN9211117L 20:09
TROPICAL
BEAT
NATURAL AND
ARTIFICIAL FLAVOR

MUTTI
PARMA
DOUBLE CONCENTRATED
TOMATO
PASTE
DOPPIO
CONCENTRATO
NET WT. 4.5 OZ (130g)
Not Actual Size
MUTTI
PARMA
DOUBLE CONCENTRATED
TOMATO
PASTE
DOPPIO
CONCENTRATO
Italy's #1
TOMATOES
NET WT. 4.5 OZ (130g)

MERCIER
Net weight : 7.05 oz
La p'tite histoire de famille
INSTANT CHOCOLAT
PRODUCTION ARTISANALE EN BERRY (Cher)
SPECIALITES DU BERRY

WAY TO GO!
by LIDL
MILK CHOCOLATE
KUAPA KOKOO
PAPA PAA
PER 1/6 BAR
170 CALORIES
6g SAT FAT
30mg SODIUM
16g TOTAL SUGARS
NO HIGH FRUCTOSE CORN SYRUP
NO ARTIFICIAL FLAVORS
100% traceable cocoa
SUSTAINABLE COCOA FROM GHANA. SIMPLY BETTER FOR EVERYONE!
NET WT 6.3 OZ (180g)

БИОПРОГРАМА
традиция
родопски
чай
20 БР. х 1,5 г
НАТУРАЛЕН ПРОДУКТ
НЕТО 30g

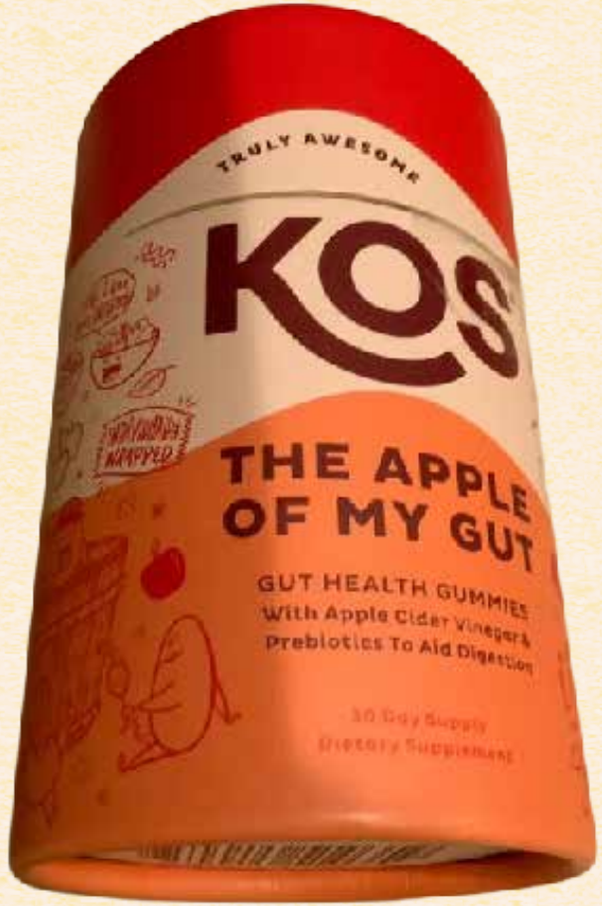
JOHNNY DOODLE
MILK
FUDGE&
BROWNIE
ARE YOU
OUT OF YOUR
FUDGE?!
NET WT
5.3 OZ

Ben's Original
LONG GRAIN WHITE
Ben's Original
LONG GRAIN WHITE
ORIGINAL ENRICHED PARBOILED RICE
Gluten Free
No Artificial Colors, Flavors or Preservatives
NON GMO Project
VERIFIED
160 CALORIES
0g SAT FAT
0mg SODIUM
0g TOTAL SUGARS
NET WT
1 LB (16 OZ) (454g)

SHORTBREAD
HOUSE OF
EDINBURGH
CHRISTMAS
SHORTBREAD

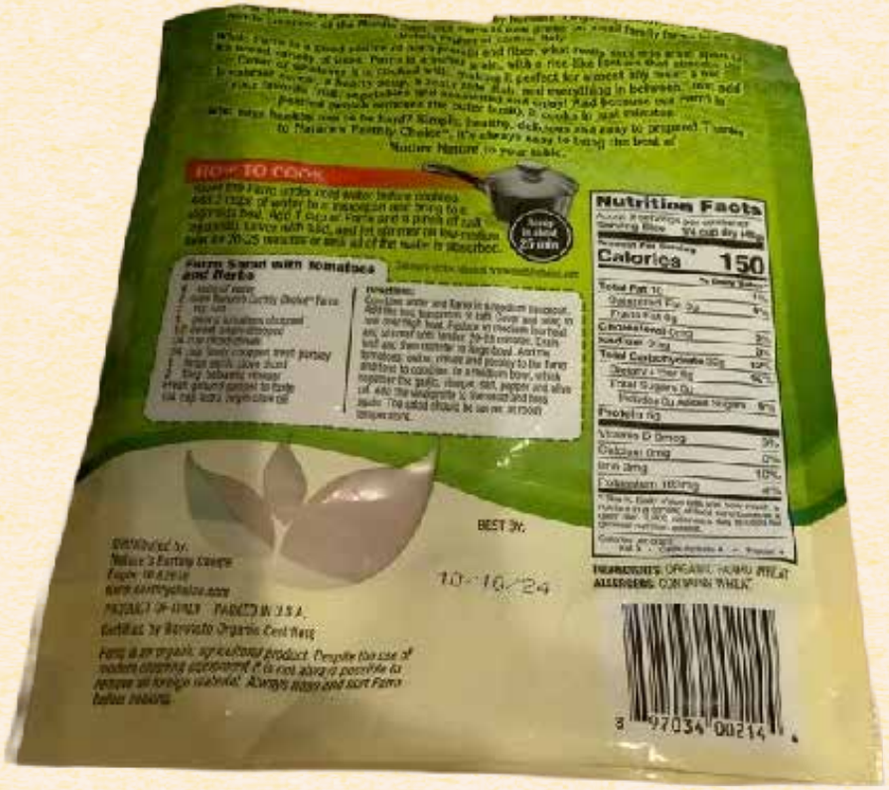
la Perruche
PURE CANE
PURE CANE ROUGH CUBES
SINCE 1890
SUGAR SPECIALITY
NET WT. 8.8 OZ. (250 g)

pukka
three ginger
soothing warmth
organic
Net Wt
1.27oz (36g)
Naturally caffeine-free
20 herbal tea sachets


TRULY AWESOME
KOS
THE APPLE
OF MY GUT
GUT HEALTH GUMMIES
With Apple Cider Vinegar &
Prebiotics To Aid Digestion

DELALLO
CREAMY ITALIAN RICE · MADE EASY
Quick Cook
MUSHROOM RISOTTO
JUST ADD WATER - READY IN 15 MINUTES
NET WT. 6.2 OZ. (175g)

TADIN
Organic
Moringa Cleanse
Balance®
Té Orgánico Depurador Relanceado con Moringa
Relieves Temporary Water Gain*
Alivia el Aumento Temporal de Agua*
USDA
ORGANIC
20 TEA BAGS · CAFFEINE FREE · HERBAL TEA SUPPLEMENT


Nutrition Facts
Calories 150
Farro Salad with Tomatoes and Herbs
BEST BY
10-10-24

Earthly Choice
Organic
ITALIAN PEARLED
FARRO
USDA ORGANIC
NON GMO PROJECT
NET WT.
14 OZ. (397g)

ORENSE
Nuestros productos
INFORMACION NUTRICIONAL
ORENSE
CHOCOLATE BLANCO

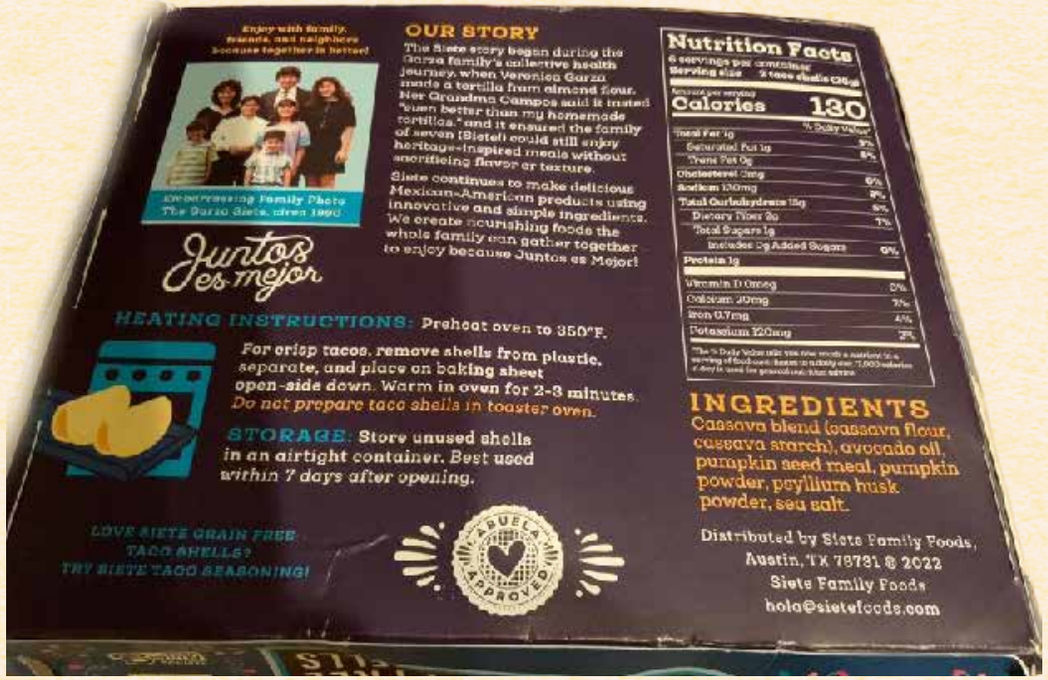
ALFAJORES ARTESANALES
EXCESO EN AZÚCARES
EXCESO EN GRASAS TOTALES
EXCESO EN GRASAS SATURADAS
EXCESO EN CALORÍAS
ORENSE
ALFAJORES
BLACK
CHOCOLATE BLANCO
6
UNIDADES
Peso Neto 360g. Industria Argentina

maracuja
Живка Фълева
стилист
0887 400 673
HAIR STUDIO
Bed and Breakfast
Ristorante Pizzeria
Agriturismo
DolceAcqua
DAL CAMPIELLO
Terrazza Mare
Corso Italia, 16
30013 CAVALLINO (VE)
AQ
AQVILON SPA
APARTHOTEL
Резервации
San Marco, 5129 • Venezia • Italy
Ristorante RIALTO
www.rialtoristorazione.com

RHODES
CITY TO
AUDIO GUIDE
Pharmaid
Cosmetics
ATHENA'S
aloe

OTTO'S
PALEO BROWNIE MIX
PREHEAT
STIR
SPREAD
BAKE
No One Will Know They're Grain-Free!
YOU'LL ALSO ENJOY OUR
• GRAIN-FREE CASSAVA FLOUR
• GRAIN-FREE CLASSIC BROWNIE MIX
• GRAIN-FREE ULTIMATE COOKIE MIX
BEST BY: 10/19/2024
LOT# 95468 01
Nutrition Facts
Calories 100
Ingredients: Organic Coconut Sugar, Organic Cassava Flour, Organic Maple Sugar, Organic Natural Cocoa Powder, Organic Dutch Cocoa Powder, Sea Salt.
Made in a dedicated gluten-free, peanut free, allergy-friendly facility
Packed in the USA for:
Otto's Naturals
Clinton, NJ 08809
Certified Organic by ESDA
No refrigeration necessary.
Please don't eat raw batter
8 60004 94658 8
OttosNaturals
OttosNaturals.com

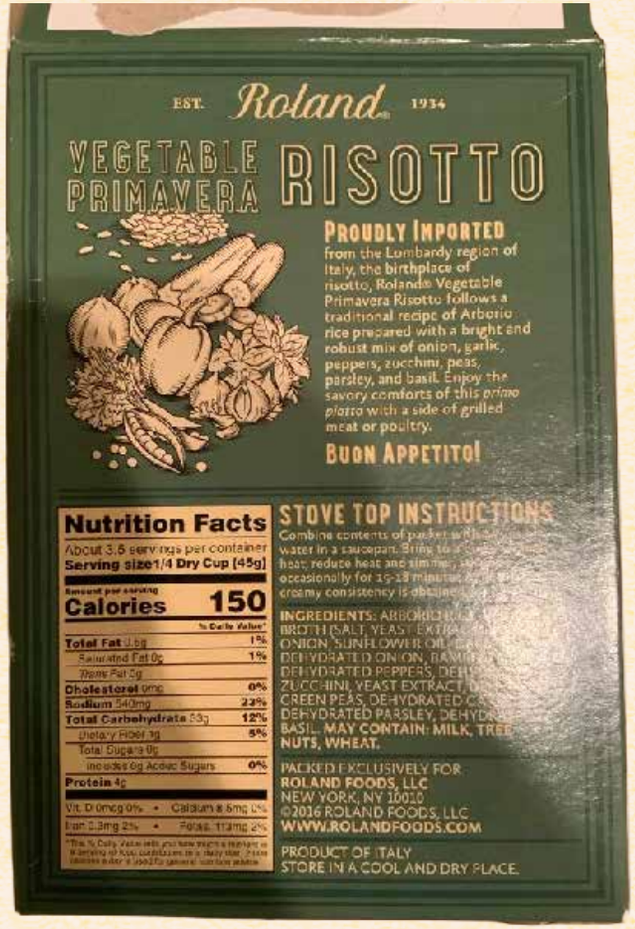
ORGANIC GRAIN-FR
OTTO'S
Naturals
MAPLE SUGAR
PALEO
DOUBLE CHOCOLATE BROWNIE MIX
GLUTEN FREE
DAIRY FREE
NET WT 11.1 OZ (315g)

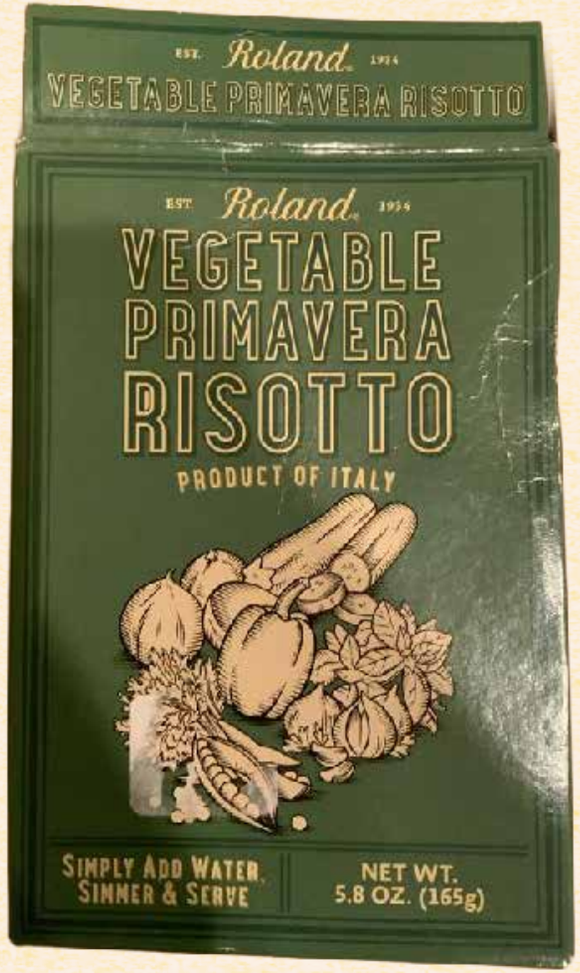

Enjoy with family, friends, and neighbors because together is better!
Our Increasing Family Photo
The Garza Siete, circa 1990
Juntos es mejor
OUR STORY
The Siete story began during the Garza family's collective health journey, when Veronica Garza made a tortilla from almond flour. Her Grandma Campos said it tasted "even better than my homemade tortillas," and it ensured the family of seven (Siete!) could still enjoy heritage-inspired meals without sacrificing flavor or texture.
Siete continues to make delicious Mexican-American products using innovative and simple ingredients. We create nourishing foods the whole family can gather together to enjoy because Juntos es Mejor!
Nutrition Facts
6 servings per container
Serving Size 2 taco shells (28g)
Amount per serving
Calories 130
% Daily Value*
Total Fat 1g 2%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 120mg 5%
Total Carbohydrate 15g 6%
Dietary Fiber 2g 7%
Total Sugars 1g
Includes 0g Added Sugars 0%
Protein 1g
Vitamin D 0mcg 0%
Calcium 20mg 2%
Iron 0.7mg 4%
Potassium 120mg 2%
HEATING INSTRUCTIONS: Preheat oven to 350°F.
For crisp tacos, remove shells from plastic, separate, and place on baking sheet open-side down. Warm in oven for 2-3 minutes. Do not prepare taco shells in toaster oven.
STORAGE: Store unused shells in an airtight container. Best used within 7 days after opening.
LOVE SIETE GRAIN FREE TACO SHELLS? TRY SIETE TACO SEASONING!
ABUELA APPROVED
INGREDIENTS
Cassava blend (cassava flour, cassava starch), avocado oil, pumpkin seed meal, pumpkin powder, psyllium husk powder, sea salt.
Distributed by Siete Family Foods, Austin, TX 78731 © 2022
Siete Family Foods
hola@sietefoods.com

PALEO • VEGAN
SIETE
GRAIN FREE TACO SHELLS
MADE WITH AVOCADO OIL
12 COUNT
NET WT 5.5 OZ (156g)

organic
coconut crispy rollers
cinnamon

Nutrition Facts
Calories 150
8 25625 60007 3


EST. Roland 1934
VEGETABLE PRIMAVERA RISOTTO
PROUDLY IMPORTED
from the Lombardy region of Italy, the birthplace of risotto, Roland® Vegetable Primavera Risotto follows a traditional recipe of Arborio rice prepared with a bright and robust mix of onion, garlic, peppers, zucchini, peas, parsley, and basil. Enjoy the savory comforts of this primo piatto with a side of grilled meat or poultry.
BUON APPETITO!
Nutrition Facts
About 3.5 servings per container
Serving size 1/4 Dry Cup (45g)
Calories 150
Total Fat 1.5g 1%
Saturated Fat 0g 1%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 540mg 23%
Total Carbohydrate 33g 12%
Dietary Fiber 3g 8%
Total Sugars 0g
Includes 0g Added Sugars 0%
Protein 4g
Vit. D 0mcg 0% • Calcium 8mg 0%
Iron 2.3mg 25% • Folate 113mcg 25%
STOVE TOP INSTRUCTIONS
Combine contents of packet with
water in a saucepan. Bring to a
heat, reduce heat and simmer,
occasionally for 15-18 minutes.
creamy consistency is obtained.
INGREDIENTS: ARBORIO
BROTH (SALT, YEAST EXTRA
ONION, SUNFLOWER OIL,
DEHYDRATED ONION, GARLIC
DEHYDRATED PEPPERS, DEH
ZUCCHINI, YEAST EXTRACT,
GREEN PEAS, DEHYDRATED C
DEHYDRATED PARSLEY, DEHYDR
BASIL. MAY CONTAIN: MILK, TREE
NUTS, WHEAT.
PACKED EXCLUSIVELY FOR
ROLAND FOODS, LLC
NEW YORK, NY 10010
©2016 ROLAND FOODS, LLC
WWW.ROLANDFOODS.COM
PRODUCT OF ITALY
STORE IN A COOL AND DRY PLACE.


EST. Roland 1934
VEGETABLE PRIMAVERA RISOTTO
EST. Roland 1934
VEGETABLE PRIMAVERA RISOTTO
PRODUCT OF ITALY
SIMPLY ADD WATER. SIMMER & SERVE
NET WT. 5.8 OZ. (165g)

Sticky Fingers
BAKERIES
ORIGINAL
SCONES
Just Add Water, Mix & Bake!
NET WT. 16 OZ (1 LB) 454g

Homemade Easy
Just add water, mix and bake!
PREP
• 1 Pkg. Original Recipe Scone Mix
• 2/3 cup + 1 tablespoon cold water
• Preheat oven to 375°F.
• Lightly grease baking sheet pan, line with parchment paper, or use wedge-shaped scone pan.
MIX In bowl, add water to mix and stir with fork until combined and sticky dough forms. If dough seems dry, add additional water 1 teaspoon at a time.
Do not eat raw batter.
BAKE Drop heaping tablespoons of dough (10-12) about 3" apart onto prepared pan. For triangle-shaped scones, shape by hand into triangle or if using a wedge-shaped pan, drop even mounds of dough into each cavity and spread into triangle shape. Bake 14-16 minutes, or until firm and lightly golden on top.
EASY GLAZE RECIPE: Stir 1 cup powdered sugar, 1 TBS. + 1 tsp. milk & ½ tsp. vanilla until smooth.
Nutrition Facts
12 servings per container
Serving size 1/12 package (38g)
Calories per serving 150
Amount/serving % DV
Total Fat 4g 5%
Sat. Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 310mg 13%
Amount/serving % DV
Total Carb. 28g 9%
Dietary Fiber 1g 4%
Total Sugars 7g
Incl. 5g Added Sugars 10%
Protein 4g
Vitamin D 0mcg 0% • Calcium 42mg 4% • Iron 1mg 6% • Potassium 62mg 2%
INGREDIENTS: Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Oil (Canola Oil [Rosemary Extract And Ascorbic Acid Added To Preserve Freshness], Palm Oil, And/Or Sunflower Oil), Buttermilk, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Cornstarch, Monocalcium Phosphate), Salt, Baking Soda (Leavening).
CONTAINS: Milk, Wheat. This product is prepared and packaged using equipment that may come in contact with Egg, Soy, Tree Nuts (Pecans, Almonds, Coconut), Sesame.

WINERY DIRECT
St. Giorgio Sangiovese
2020
$12.99

ST.GIORGIO
RY DIRECT
Sangiovese
$12.99
750ml

SOLENGO
2022
Rosso Toscano
ARGIANO

TERRALSOLE
TERRALSOLE
TRIO
2011
JOHN'S FAVORITE
Total Wine

TERRALSOLE
TRIO
2011

FULIGNI
2019
UNELLO DI MONTALCINO
RED WINE
BOTTLED BY: EREDI FULIGNI S.S.
MONTALCINO - ITALIA
PRODUCT OF ITALY

FULIGNI
2019
UNELLO DI MONTALCINO
DENOMINAZIONE DI ORIGINE CONTROLLATA E GARANTITA
RED WINE
BOTTLED BY: EREDI FULIGNI S.S.
MONTALCINO - ITALIA
PRODUCT OF ITALY

ATTAVECCHI
ROSSO DI MONTE
TOSCANA

Livio Felluga
Terre Alte

BORRASCA
BORRASCA

PRODUCT OF SPAIN
Tres Lindas
SANGRIA
Spanish red wine and
a blend of natural
fruit flavors
TRADITIONAL SANGRIA

BORRASCA
BORRASCA
BORRASCA
BORRASCA

HERSHEY'S
COOKIE
LAYERCRUNCH
HERSHEY'S
COOKIE
LAYERCRUNCH
HERSHEY'S
COOKIE
LAYERCRUNCH
4.99
3.99
3.99
3.99

NEW
HERSHEY'S
COOKIE
LAYERCRUNCH
LAYERCRUNCH
Club Price!
2/9.00
SAVE 98¢ on 2
4.99
3.99
3.99

LUXEMBURGER

ZURICH

I think that going to the supermarket or any other store can fill up your bucket with ideas.

If I have time, I walk around and look at the different packages. Some of them look so well designed and they grab your attention from far, and yet you can still find some that you wonder how they got to the shelfs.

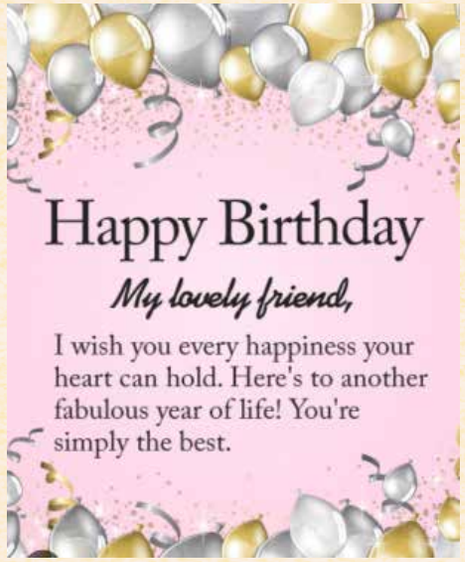
Anyway, I think is good educational experience to explore the stores.

Happy Birthday
Wishing you
a Wonderful
Birthday
May all your
dreams
come true
today and
always

HAPPY
BIRTHDAY

весела Коледа
щастие
Здраве
УСПЕХ
Любов
НАПЪЛНО
БЕЗПЛАТНО
И СПЕЦИАЛНО
ЗА ТЕБ!
МИЛИОН
СБЪДНАТИ
МЕЧТИ
БЛАГОДЕНСТВИЕ

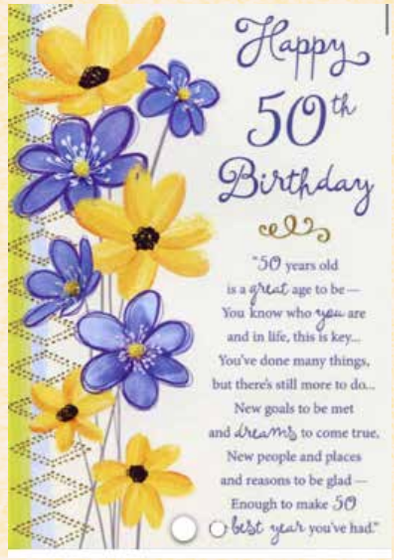
Happy
Birthday


Happy Birthday
My lovely friend,
I wish you every happiness your
heart can hold. Here's to another
fabulous year of life! You're
simply the best.

To a
Wonderful
Friend
Happy Birthday!
Thank you for the laughter
for all the fun we've shared
Thank you for always being there
and showing how much you cared
You are very special to me
the best friend there ever could be!
I love you my
Awesome
Bestie!

Честит рожден ден!

LOOK
WHO'S 50


Happy
50th
Birthday
"50 years old
is a great age to be —
You know who you are
and in life, this is key...
You've done many things,
but there's still more to do...
New goals to be met
and dreams to come true.
New people and places
and reasons to be glad —
Enough to make 50
best year you've had."

Честит юбилей!
Бъди здрава,щастлива,
много обичана!

Happy
Birthday

50 years ago
in 1971
POPULAR MUSIC
USA PRESIDENT
Richard Nixon
WORLD POPULATION
3.7 billion
STARS BORN IN 1971
WHAT THINGS COST
POPULAR FILMS
HISTORICAL EVENTS
SPORTS HIGHLIGHTS

Честит
8 март!

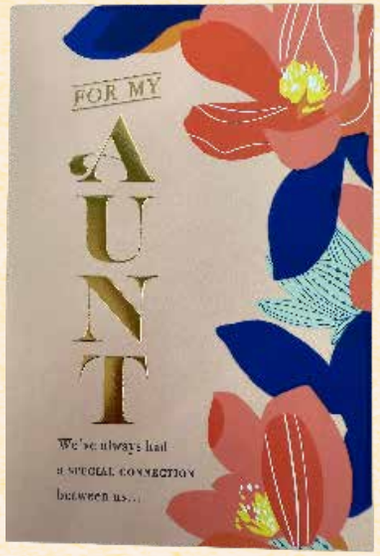
BIRTHDAY
happy
birthday

Warm Wishes

Congratulations

GRANDDAUGHTER
Wherever your special day takes you,
hope it'll turn out to be wonderful...

ON YOUR BIRTHDAY, MOM...


FOR MY
AUNT
We've always had
a SPECIAL CONNECTION
between us...

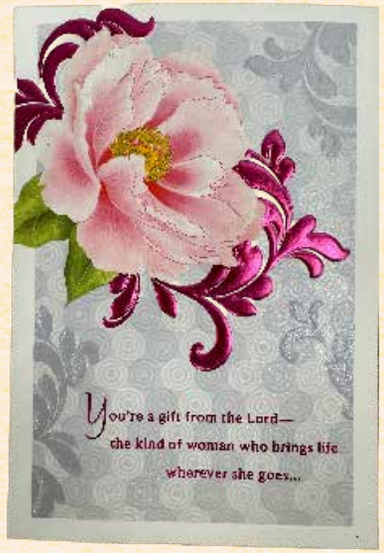
A GRANDDAUGHTER
is a unique kind of blessing

My
Sister
my friend

Niece
Wishing you everything
that brings you joy.

Have Fun,
Birthday Girl

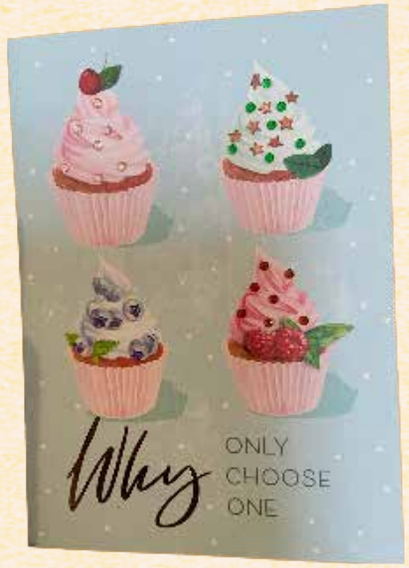
This is
Your Year


You're a gift from the Lord—
the kind of woman who brings life
wherever she goes...

Do the stuff that
makes you happiest

A
Blessing
FOR YOU

BIRTHDAY
WISHES
FOR
YOU


Why
ONLY
CHOOSE
ONE

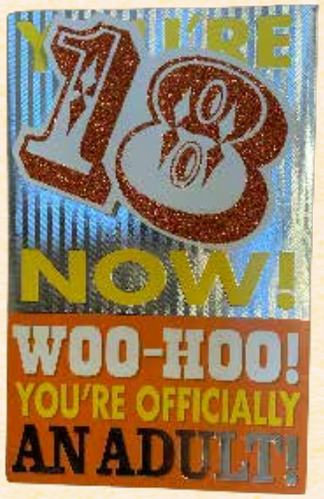
If you're somebody special...
a princess, in fact...
and today is your day...
to have fun.

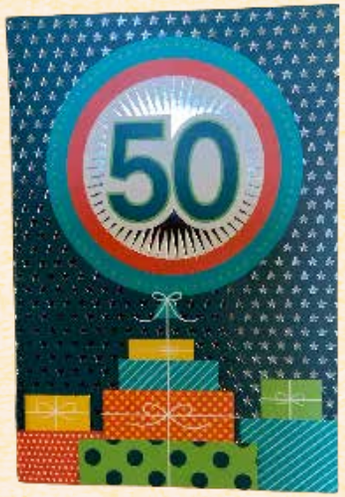
For the most
Fun-d-delic,
fab-you-lous,
GIRL-ragious
Birthday
girl Ever!

HAPPY BIRTHDAY

NO TIME
like the
PRESENT

BIRTHDAY

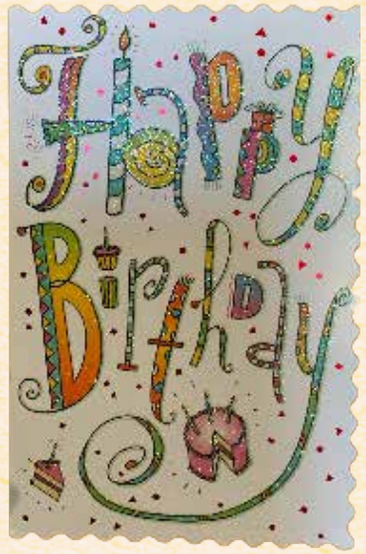

18
NOW!
WOO-HOO!
YOU'RE OFFICIALLY
AN ADULT!


50

Happy, Happy Birthday...

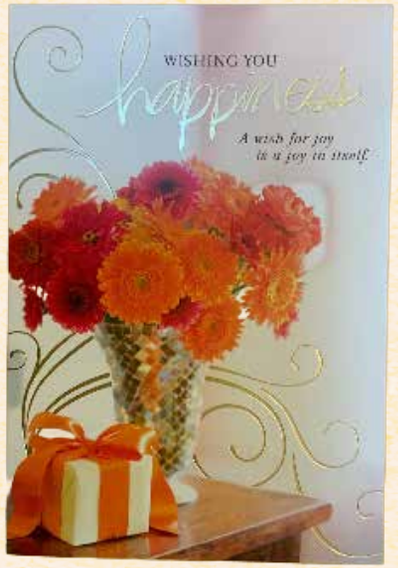
16

5


Happy
Birthday

BIRTH
DAY!
BIRTH
DAY!

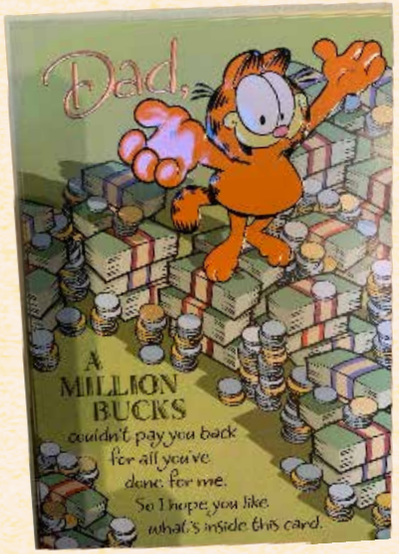
Честит Рожден Ден!
С пожелания за:
Щастливост
Целеустременост
Постоянство
Твърдост!


WISHING YOU
happiness
A wish for joy
is a joy in itself

Your high school graduation
is your time to shine,
to celebrate all
that's brightest and best
in your life.

We're hoping HAPPIER,
HEALTHIER days
are just around
the corner.

On your
Birthday


Dad,
A
MILLION
BUCKS
couldn't pay you back
for all you've
done for me.
So I hope you like
what's inside this card.

On Your Birthday

YOUR BIRTHDAY IS KIND OF A
BIG DEAL.

Happy
Birthday

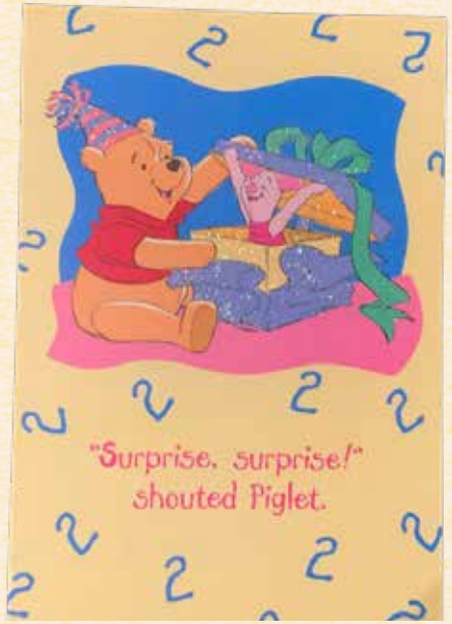
Congratulations!
You really
deserve
a reward.

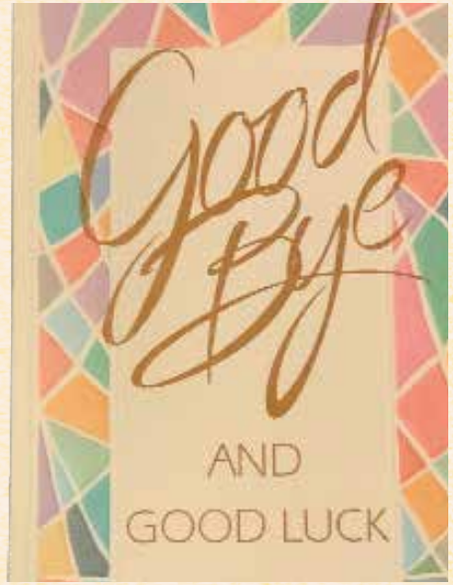
HAP
PY
DAY

Sisters
are like
Sunshine...

Happy
Birthday

With Special
Thoughts of You


"Surprise, surprise!"
shouted Piglet.


Good Bye
AND
GOOD LUCK

Happy
Birthday!

Birthday Wishes
f o r
y o u

BY VICKY KAFKAKI